



CANADIAN MODEL OF CLIENT CENTRED ENABLEMENT AND CBR MATRIX

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Objectives



- To share my insights on the CMCE
- To revisit the CBR matrix and its components
- To look at practical examples
- To explore the use of the CMCE and the CBR matrix within various settings



What is enablement? (1)

- Processes of facilitating, guiding, etc. (CAOT, 2002); skills which are value based, collaborative, attentive to power inequalities and diversity and charged with visions of possibility for an individual or social change (townsend & polatajko, 2007)
- Enablement is the core competency of OT drawing on the interwoven spectrum of key and related enablement skills.
- In essence we are constantly enabling our clients regardless of what we aim to treat.





Enablement Skills (1) (2)

10 enablement skills	OT ROLES
Adapt	Advocate
Advocate	Educate
Coach	Consult
Collaborate	Manage
Consult	Research
Coordinate	Enable
Design/build	Enhance
Educate	Empower
Engage	
Specialise	





What did I see in community

- MY first month as a community therapist
 - Exposed to range of different conditions and environments
 - On a Monday morning - home visit day...
 - Accessibility assessment — patient was unable to access her home due to poor muscle strength caused by peripheral neuropathy.
 - Pt and her family was insistent that I write a report to the local housing council stating that the council be responsible financially for the structural changes to the home.
 - Need to call the council —no reply

ADAPT

DESIGN





What did I see in community



Learning Knows No Bounds

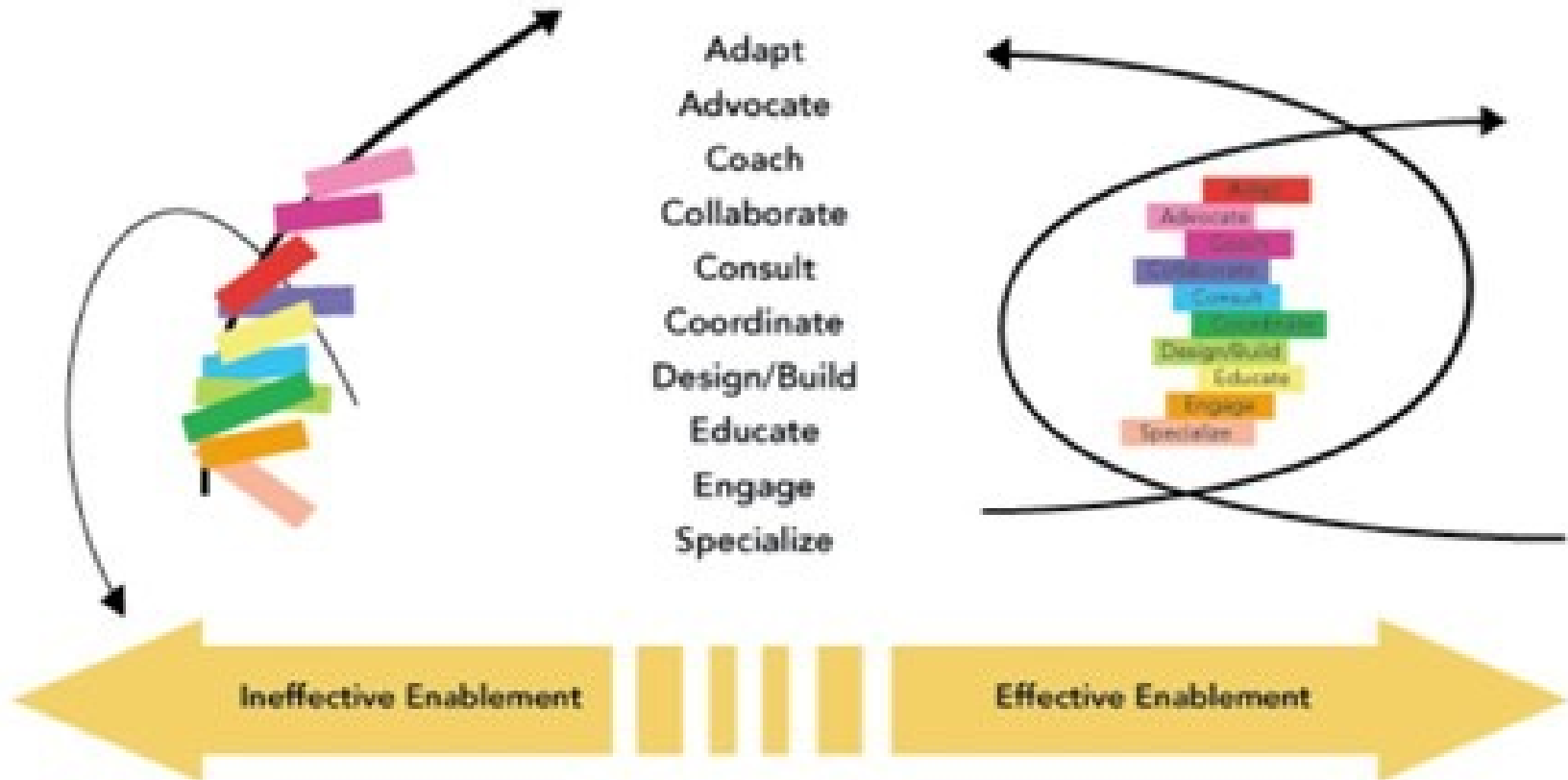
- Baby X

- Typical down syndrome diagnosis
 - Congenital cardiac condition
 - Poor eyesight
 - Poor hearing
 - Social work in the community encouraged the principal of the main stream creche to exclude baby X from the school???
- Inclusive Education?



Disablement - Enablement continuum (1) (2) (4)

Figure 4.4 Enablement continuum



Townsend, E. A., Whiteford, G., Polatajko, H. J., Craik, J. & Hocking, C. (2007). Enablement continuum. In E. A. Townsend & H. J. Polatajko, *Enabling occupation II: Advancing an occupational therapy vision for health, well-being, & justice through occupation* (p. 129). Ottawa, ON: CAOT Publications ACE.



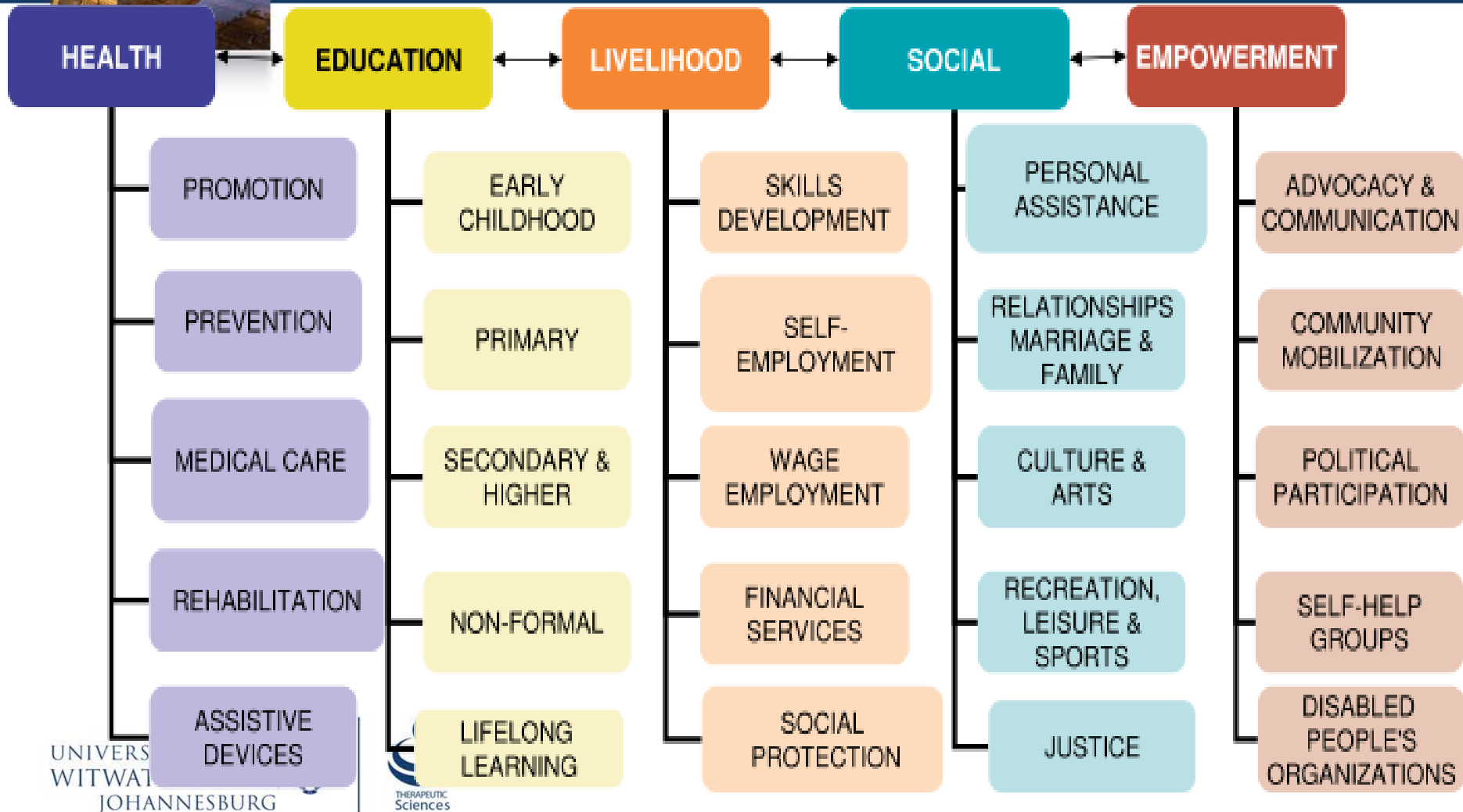
COMMUNITY BASED REHABILITATION (5)

- “For the community by the community”
- CBR services are needs generated i.e dealing with the actual needs of the Person with disability, priorities of the family setting and the community setting
- CBR was found to tend to the needs of a person with disabilities within developing countries.





CBR MATRIX





CBR cont. (5)

- Principles that inform and affect the development of community based rehabilitation programme
 - Inclusion
 - Participation
 - Sustainability
 - Empowerment
 - Self-advocacy





What did I see in community

- Patient D
 - Lives in a frail care home
 - Aged 40, suffered a right CVA 2 years ago
 - Pt refused to go home, insisted that family does not want to care for her.
 - CA level: experimental
 - Pt given the task of carrying out the daily activities of the home that was planned for by WITS students

SUSTAINABILITY





SO WHERE DOES IT FIT IN

TASK:

- In small groups, looking at your allocated CBR area, can you think of a challenging scenario where the CMCE and the CBR matrix could be applied?





References

1. www.caot.ca/otnow/may09/cmce.pdf
2. <https://www.caot.ca/pdfs/EO%20II%20CAOT%20Pre-Con%20presentation2009.pdf>
3. <https://quizlet.com/56514328/511-emerging-models-cmce-flash-cards/>
4. <http://slideplayer.com/slide/4581131/>
5. Thompson, K.M; Parsyn, C.L and Fuller, B. (2010). Community-based Rehabilitation: Opportunities for Occupational Therapists in an evolving strategy. In Curtin, M. Molineux, M. and Supyk-Mellson, J. (2010). Occupational Therapy and physical dysfunction. Enabling Occupation. Edinburgh: Churchill Livingstone Elsevier.

